

CHECKPOINT



VFW Checkpoint – March 2024

Happy Spring to our Checkpoint readers! We hope you enjoy this installment of your Checkpoint newsletter.

Please take this opportunity to see what other Posts around the world are doing to better their communities. Be sure to share the valuable information you get here with your fellow VFW members. If you know someone who is not receiving Checkpoint, encourage them to email magazine@vfw.org and get signed up.

In this issue, you will read how communities are benefiting from the fine work of VFW Posts. For example, in Wabasha, Minn., one VFW Post donated \$10,000 to a new athletic complex, which is much needed in the town. Giving back has long been a priority for the Post. Likewise, in Liberty, Pa., VFW Post 6755 hosted a brunch to help raise awareness for veterans' suicide. In Frisco, Texas, the VFW Post helped feed 250,000 troops and their families. It was an event worthy of recognition for the VFW. Read these stories and more in your Checkpoint newsletter.

Be sure to let us know what your VFW Post is doing in your community. We are always looking to promote the great efforts of VFW. Email jdyhouse@vfw.org your suggestion, and you just might see it in an upcoming issue of Checkpoint.



VFW Post is 'Gold Contributor' in Community

A VFW Post in Minnesota donated \$10,000 to a new community athletic complex. [The Wabasha Post leaders say this latest donation continues the Post's legacy of giving back to their cherished community.](#)



'Simple Conversation' Makes All the Difference

VFW Post 6755 in Liberty, Pa., hosted a brunch to help raise funds for suicide awareness. [Additionally, donations of hats, gloves, blankets and other cold-weather essentials were collected for distribution to those who need a boost.](#)

HONOR THEIR SACRIFICE



MINTED IN THE USA




VIETNAM HOMECOMING 50TH ANNIVERSARY PROOF COIN

The Bradford Exchange has made a charitable donation to [Honor Flight Chicago](#)

SHOP NOW



VFW Posts to Start Victory Gardens

As the VFW and Humana continue their joint Uniting to Combat Hunger campaign, VFW Posts are encouraged to start victory gardens in their communities. [The Society of Saint Andrews is offering free seeds to Posts to grow produce to share with food-insecure families.](#)



VFW Convention Goes Get Ready for Cornhole

The success of last year's VFW National Convention Cornhole Series has organizers excited for this year's event in Louisville July 28-29. [All proceeds from the event benefit VFW PACT Act assistance for veterans.](#)

Enabling the VA's mission by performing high-quality, timely, and accurate medical disability exams



VETERANS EVALUATION SERVICES
A Maximus Company

LEARN MORE

VFW Store Offers Ryan Roulette Race Gear



U.S. Air Force veteran and VFW Life Member Ryan Roulette drives a VFW-sponsored car part-time in the ARCA Menards series. [To show support for Roulette and his racing team, the VFW Store offers a variety of merchandise.](#)



Texas VFW Post Co-Sponsors Family Day

Earlier in March, members of VFW Post 8273 in Frisco, Texas, helped feed 2,500 active-duty troops and their families with the 301st Fighter Wing at Naval Air Station Joint Reserve Base in Fort Worth, Texas. [Post Commander Shenna Lawless said she was “thrilled” with the turnout for the event.](#)

Covered in-network cleanings

That's the Benefit of Blue.®

Learn More

BlueCross BlueShield

FEP Dental®

X EXCHANGE

MILITARY EXCLUSIVE PRICING & TAX-FREE SHOPPING!

SAVE NOW

THE DOLLAR AND BANKS ARE FAILING!

Own Gold & Silver to Secure Your Wealth

UNITED STATES PRECIOUS METALS™

[click here to order now](#)



DR® POWER EQUIPMENT

NOTHING STOPS A DR®

SHOP NOW >



Deadline Approaching for Publications Contest
 Reminder to all VFW Departments to enter the 2024 National VFW Publications Contest by **April 1**. [Learn more.](#)



Protecting Your Identity
 Enroll in ID Resolve today for identity protection you can trust and count on. [Learn more.](#)

Veterans of Foreign Wars, 406 W. 34th Street, Kansas City, Missouri 64111
 © 2018 All rights reserved. | ®™ SM
 Trademarks and service marks of VFW.

[One-Click Unsubscribe](#)

[View Online](#)


