



VETERANS OF FOREIGN WARS.

Adopt-a-Unit

- ❖ Over **121,000 military and family** members are being actively supported by VFW Posts and Auxiliaries through the VFW Adopt-a-Unit program.

- ❖ Popular examples of Adopt-a-Unit activities:
 - **Family Days**- VFW understands the importance of family to the military member and their mission

 - **Welcome Home & Deployment events**

 - **Holiday events**

 - **Meetings and Support Seminars**

 - **Community Projects**- Annually, VFW posts *donate \$45 million dollars* and *5 million volunteer hours* to community activities.

 - **Direct assistance**- lawn care, auto repairs, renovations to help accommodate a newly wounded service member

 - **And much more.....**

- ❖ VFW Posts work with unit commanders and senior enlisted personnel to develop supportive relationships with units before, during and after deployments. We offer a vast network of free resources and a variety of direct support for military members and their families.

- ❖ If your unit is interested in being adopted:
 - Check if someone in the unit is already a member of a local VFW Post.
 - Use the “Find a Post” locator on VFW’s website: vfw.org/FindaPost
 - Contact VFW National HQs: m.a.p@vfw.org or 816.756.3390

